

31 Days of Powerful Prayer



Day 1

The LORD is nigh unto all them that call upon him, to all that call upon him in truth.

-Psalm 145:18

Pray for your family members. Whether the relationship is thriving or strained, they always need your prayers. Use the coordinating prayer companion guide to make a list of people you want to pray for.



Day 2

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

-Philippians 4:6

Pray for your friends, both near and far. They may be struggling with things you will never know about or understand. Make sure they are covered in prayer. Ask God to meet their needs.



Day 3

Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them.

-Mark 11:24

Pray for your local, state, and national leaders. Whether you agree with them or not, their decisions ultimately affect you. Ask God to guide their hearts and minds to do His will in all things. Pray God would give you leaders who are willing to follow His word.



Day 4

Bless them that curse you, and pray for them which despitefully use you.

-Luke 6:28

Pray for your enemies. Pray for those that hurt you. This may be hard, but the Bible commands it. If you don't have enemies, pray for those who don't understand you.



Day 5

If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

-John 15:7

Pray for members of the military and their families. Pray that God would keep military personnel safe and out of harms way. Pray that God would grant their family members peace and hope for a safe return.



Day 6

Pray without ceasing.

-1 Thessalonians 5:17

Pray for the unsaved. The Bible clearly states that the majority of people will not accept Christ as their Savior. Do your part in praying for the unsaved. Pray that God would grant them another opportunity to accept his forgiveness before it's too late.



Day 7

Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

-James 5:16

Pray for the sick. This includes people you know, as well as those you don't. Pray that God would guide those in the medical field and give them the knowledge to help those who need it most.



Day 8

But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

-Matthew 6:6

Pray for the broken-hearted. Some have lost loved ones. Some have had their hearts broken. Some are burdened by the cares of this life. Ask God to grant them peace and joy through Him.



Day 9

And I say unto you, Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.

-Luke 11:9

Pray for yourself. This isn't vain or conceited. God desires that you tell Him what is on your heart. Ask Him for help in whatever situation you need. Ask for healing, grace, forgiveness, discernment, joy, etc. He cares and wants to help you. No request is insignificant to God.



Day 10

And he spake a parable unto them to this end,
that men ought always to pray, and not to faint.

-Luke 18:1

Pray for Christians, including your church members. It isn't always easy to follow God, but it will always be worth it. Pray for compassion, understanding, wisdom, and fellowship.



Day 11

After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.

-Matthew 6:9

Prayer includes thanking God for His goodness. Today, thank God for all He has done for you and those around you. Thank Him for sending His Son to die on a cross for you. Thank Him for compassion, love, and the gift of eternal life.



Day 12

The righteous cry, and the LORD heareth, and delivereth them out of all their troubles.

-Psalm 34:17

Pray for the essential workers who have difficult and often dangerous jobs. Pray for firefighters, EMS, police force, nurses, doctors, teachers, etc. Pray that God would keep them safe and help them take care of those most vulnerable.



Day 13

Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

-Ephesians 6:18

Pray for the children who were raised in the word but have gone astray. Pray for peace for the members of their families. Pray that they would turn back to God.



Day 14

And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men.

-Matthew 6:5

Pray for your neighbors, which means all people. Pray for the ones you love, the ones you like, and the ones you can barely stand to be around. Pray that God will help you to love your neighbors as much as you love yourself.



Day 15

For your Father knoweth what things ye have need of, before ye ask him.

-Matthew 6:8

Pray for those who are poor and in need.

Pray they would ask God for help and be willing to do as He instructs them. Pray that you would have a gracious heart toward them, always praying for their best interest.



Day 16

For there is one God, and one mediator
between God and men, the man Christ Jesus.

-1 Timothy 2:5

Pray for those with addictions. Pray that God would take the earthly desires away and give them grace to start anew. Pray also that God would protect you from these vices and give you the ability to say "No" to them.



Day 17

Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.

-Matthew 26:41

Pray for the children in broken homes.

Pray for their safety, security, and that they always know they are loved. Pray they would hear the gospel of Jesus Christ at a young age. Pray they would have all their earthly needs met.



Day 18

Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not.

-Jeremiah 33:3

Pray for those who are struggling with trauma, anxiety, depression, PTSD, and any other pain in their mind. Ask God to help them find help from Him and through other resources when needed.



Day 19

I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men.

-1 Timothy 2:1

Pray for wisdom. Ask God to grant you the wisdom to be a light for Him. Ask Him to give you the knowledge and understanding to help others in the best way possible.



Day 20

But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

-Matthew 6:7

Pray for humility. Ask God to help you have a heart that loves others more than yourself. Pray that you would never feel like you are better than another person for any reason.



Day 21

Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

-Romans 8:26

Pray that God would help whoever needs Him most right at this very moment. Whether they're in need of healing, salvation, a family, etc., ask God to grant them the desires of their heart.



Day 22

In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

-1 Thessalonians 5:18

Pray for all children. Pray for those without families. Pray for those who don't have the affection they need. Pray for those who are hungry, battered, or broken-hearted. Pray for those who don't know where to turn when they need help.



Day 23

Continue in prayer, and watch in the same with thanksgiving.

-Colossians 4:2

Pray for the pastors, teachers, missionaries, singers, and all those who share God's divine word with the world. Pray for comfort, safety, moral support, financial support, and grace to continue in their pursuits.



Day 24

If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.

-2 Chronicles 7:14

Pray for your country. Pray that the people would look to God for how they should live. Ask God to bless your country, despite those who do not choose to follow Him.



Day 25

Then shall ye call upon me, and ye shall go
and pray unto me, and I will hearken unto you.

-Jeremiah 29:12

*Pray that God would help you to improve
your walk with Him. Ask Him to guide you
to pray more, read your Bible more, be a
witness to others for Him, etc. Rather than
using prayer as a last resort, call upon Him
first.*



Day 26

And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.

-Matthew 21:22

Pray for the division among people. Ask God to plant the fruits of the spirit in each person's heart. May they be loving, joyful, peaceful, longsuffering, gentle, good, faithful, meek, and temperate. May you bear these fruits in your interactions with others.



Day 27

I will therefore that men pray every where, lifting up holy hands, without wrath and doubting.

-1 Timothy 2:8

Pray for strength. Ask God to help you stand strong in the midst of trouble. Ask Him to give you the strength to speak up for what is right. Ask Him to help you stand strong in His word, even when others don't appreciate you.



Day 28

And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us.

-1 John 5:14

Pray for those who are afraid. Ask God to provide them with the help they need, whether that is getting them out of a fearful situation or them help from elsewhere. Pray that God would grant them peace in their hearts.



Day 29

And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him.

-1 John 5:15

Pray for those who are lonely. Maybe their spouse died or left them. Maybe their children don't come to visit anymore. Maybe they have pushed everyone away due to crippling depression or anxiety. Ask God to comfort them and provide them with friendship.



Day 30

For this cause I bow my knees unto the Father of our Lord Jesus Christ.

-Ephesians 3:14

Ask God to help you feel His presence in your life. Ask Him to put His loving arms around you. It's an amazing feeling when you feel like the weight of the world has been lifted off your shoulders. He will take that weight from you if you will allow Him to.



Day 31

And whatsoever we ask, we receive of him, because we keep his commandments, and do those things that are pleasing in his sight.

-1 John 3:22

Pray that you would be inspired to continue your journey of prayer even after this study has ended. Ask God to give you a desire to talk with Him each day, praising Him and telling Him everything that is on your heart.





Thank you

I really hope you enjoyed "31 Days of Powerful Prayer"! If you did, visit my website to get more content on faith and simple living at sierrassimplehome.com



Sierra

