



Fall Room Refresh

WHERE

A Room of Your Choice

WHEN

5 Days of Your Choice

WHAT

Declutter, Clean, and
Organize Your Space



Fall Room Refresh Day 1

DECLUTTER

Step 1: Throw away Trash.

Step 2: Put Items you Need/Love Away

Step 3: Donate what you don't Need/Love

TIP

If you don't have a home for something, find one. Make sure it fits comfortably and is easy to put away. If it's too difficult to put away, you probably won't bother to do it on a regular basis.

The page is decorated with various autumn-themed illustrations. In the top left, there's a large orange maple leaf. To its right is a brown acorn. On the right side, there's a red leaf and a green leaf. At the bottom left, there's a red leaf and a brown acorn. At the bottom right, there's a brown acorn and a small orange pumpkin-like shape. The background is white.

Fall Room Refresh

Day 2

CLEAN

- Step 1: Throw away trash
- Step 2: Put away stray items
- Step 3: Dust from top to bottom
- Step 4: Wipe surfaces
- Step 5: Sweep/Mop/Vacuum Floor

TIP

Always clean from top to bottom.
Dust and debris can fall to the floor, since you're saving the floor for last.



Fall Room Refresh Day 3

ORGANIZE

Step 1: Create a home for every item

Step 2: Put the items in their homes

Step 3: If the space is stuffed, reconsider

Step 4: Organize to fit your style

TIPS

~Organize so it's easy to maintain

~Don't put too much in any space

~Leave some empty space

~Make it pleasing to the eye

~Consider hidden vs. visible systems



Fall Room Refresh

Day 4

BEAUTIFY

Step 1: Choose a color scheme

Step 2: Limit patterns

Step 3: Decorate for your preferred style

TIP

~1 or 2 Neutral Colors

~1 or 2 Accent Colors

~Make sure colors coordinate

~Add a few beautiful pieces

~Use items you have

~Stick to your budget



Fall Room Refresh Day 5

MAINTAIN

Make a plan for maintenance

Step 1: Put items away as soon as possible

Step 2: Clean the space regularly

Step 3: Declutter regularly

TIP

- ~Do a 5 minute tidy each day
- ~Make a cleaning schedule/checklist
- ~Keep a donation box handy
- ~Don't give up on a peaceful home
- ~Limit purchases to needs & loves

The background features a watercolor-style illustration of autumn-themed elements. On the left, there are several leaves in shades of orange, red, and green. On the right, there are more leaves and a pumpkin. At the bottom, there are acorns and cinnamon sticks. The overall style is soft and artistic.

Congratulations!

YOU HAVE COMPLETED
THE FALL ROOM REFRESH!

I HOPE THIS HAS HELPED
YOU CREATE A MORE
PEACEFUL HOME.

THANKS FOR JOINING!



SIERRA